

Kindernastics Programs

The goal of the Prince George Gymnastics Club, Kindernastics and Parent and Tot Program, is to build the child's strength, flexibility, body awareness, and basic gymnastics skills through trust, play, songs, games and stations.

Programs

Parent & Tot

<u>Ages</u>	<u>Names</u>	<u>Costs</u>
6-12 months	Gymfant	\$65.00
12-18 months	Tiny Wee	\$65.00
18-24 months	Twinkle Bob	\$65.00
24-36 months	Tweedle Bug	\$65.00

Arrive a few minutes early to allow you and your child to get ready. Dress yourself and child in comfortable clothing. Parents need to be ready for full participation with your child for the entire class.

Kindernastics

<u>Ages</u>	<u>Names</u>	<u>Session</u>	<u>Cost</u>
3 year old	Bouncing Bears	1 Panda 2 Koala 3 Grizzly	\$65.00
4 year old	Sesame Street Springers	1 Elmo 2 Cookie Monster 3 Big Bird	\$94.00
5 year old	Balancing Bugs	1 Daddy long-leg 2 Butterfly 3 Earthworm	\$94.00
4-5 year olds	Advanced Kindernastics	1 Whip-back 2 Twister 3 Flipper	\$140.00

Kindernastics Programs

Each child is required to pay a \$21.00 Gymnastics BC Insurance Fee and a \$12.00 equipment fee. These last from September 2004 to August 2005.

Holiday Closures

Thanksgiving	October 13 th
Remembrance Day	November 11 th
Winter Break	December 20 th -January 2 nd
Spring Break	March 6 th -March 20 th
Club Competition	????
Good Friday	April 8 th
Victoria Day	May 24 th
Forest Expo	May 29 th -June 5 th

Session Dates

<u>Session One</u>	Sept. 6 th -11 th to Nov. 22 nd -27 th
<u>Session Two</u>	Nov. 29 th -Dec. 4 th to Feb. 28 th -Mar. 5 th
<u>Session Three</u>	Mar. 21 st -26 th to June 6 th -11 th