

Prince George Invitational 2026

February 21st & 22nd

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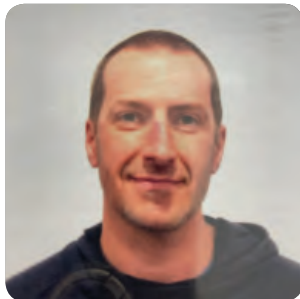
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President's Message

Welcome athletes, coaches, families, and supporters,

On behalf of the organizing committee, welcome to the 2026 Prince George Invitational. As we come together from across the region, we celebrate not only the excitement of competition but the dedication, resilience, and passion each gymnast brings.



Over the next three days, we'll see skills built through countless hours of practice—shown with pride, determination, and maybe a few nerves. Whether this is your first competition or you're returning, know that your hard work and courage are truly admired.

To our coaches and volunteers—thank you for the time, leadership, and behind the scenes effort that make this event possible. To the families—your support is the foundation that helps these athletes grow.

To all the athletes: enjoy the experience, do your best, and have fun. We're proud of the dedication that brought you here.

We wish everyone an inspiring, safe, and memorable weekend. Best of luck to all competitors and may the 2026 Prince George Invitational continue to fuel your love for the sport and strengthen our community.

Lauren Hawkes
President, Prince George Gymnastics Club



EMBROIDERY/SILKSCREENING
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Welcome everyone to the 2026 Prince George Invitational. A big Prince George welcome to all athletes, coaches, judges, and spectators.

Due to the fantastic organization and leadership of our Meet Director, Alexis Ruffel-Brewer, you are certainly in for a great weekend of gymnastics. Thank you so much for all your time and effort to make this event such a success.



A special shout out to all of our volunteers as well, the event would not be possible without each and every one of you.

I wish all the athletes "Good luck", and a safe weekend, I hope you all leave the gym with a big smile and feeling proud of your performance.

High five from all of us here at the Prince George Club, we hope to see you all back next year.

Jodie Hinks
Head Coach/General Manager

Schedule

Saturday, February 21st

Time	Events
Session 1	
8:30 a.m.–9:00 a.m.	Warm-up MAG and March In
9:00 a.m.–9:30 a.m.	Warm-up WAG and March In
9:30 a.m.–11:30 a.m.	CCP 1 (9), Inter-club (12) MAG 1 (5), 3(1), 5(1), NO(1), MAG I/C (2)
11:30 a.m.–12:00 p.m.	Awards (separate building)
Session 2	
12:00 p.m.–12:30 p.m.	Warm-up and March In
12:30 p.m.–2:30 p.m.	CCP 2 (19), CCP 3 (26), CCP 4 (9)
2:30 p.m.–3:00 p.m.	Awards (separate building)
Session 3	
3:00 p.m.–3:30 p.m.	Warm-up and March In
3:30 p.m.–5:30 p.m.	Bronze (35), Adult (11)
5:30 p.m.–6:00 p.m.	Awards (separate building)
Session 4	
6:00 p.m.–6:30 p.m.	Warm-up and March In
6:30 p.m.–8:30 p.m.	CCP 6 (8), CCP 7 (6), CCP 8 (4), CCP 9 (1) Excel Diamond (2)
8:30 p.m.–9:00 p.m.	Awards (separate building)

Schedule

Sunday, February 22nd

Time	Events
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Session 5

8:00 a.m.–8:30 a.m.	Warm-up and March In
8:30 a.m.–10:30 a.m.	Excel Silver (39): 2008-2014
10:30 a.m.–11:00 a.m.	Awards (separate building)

Session 6

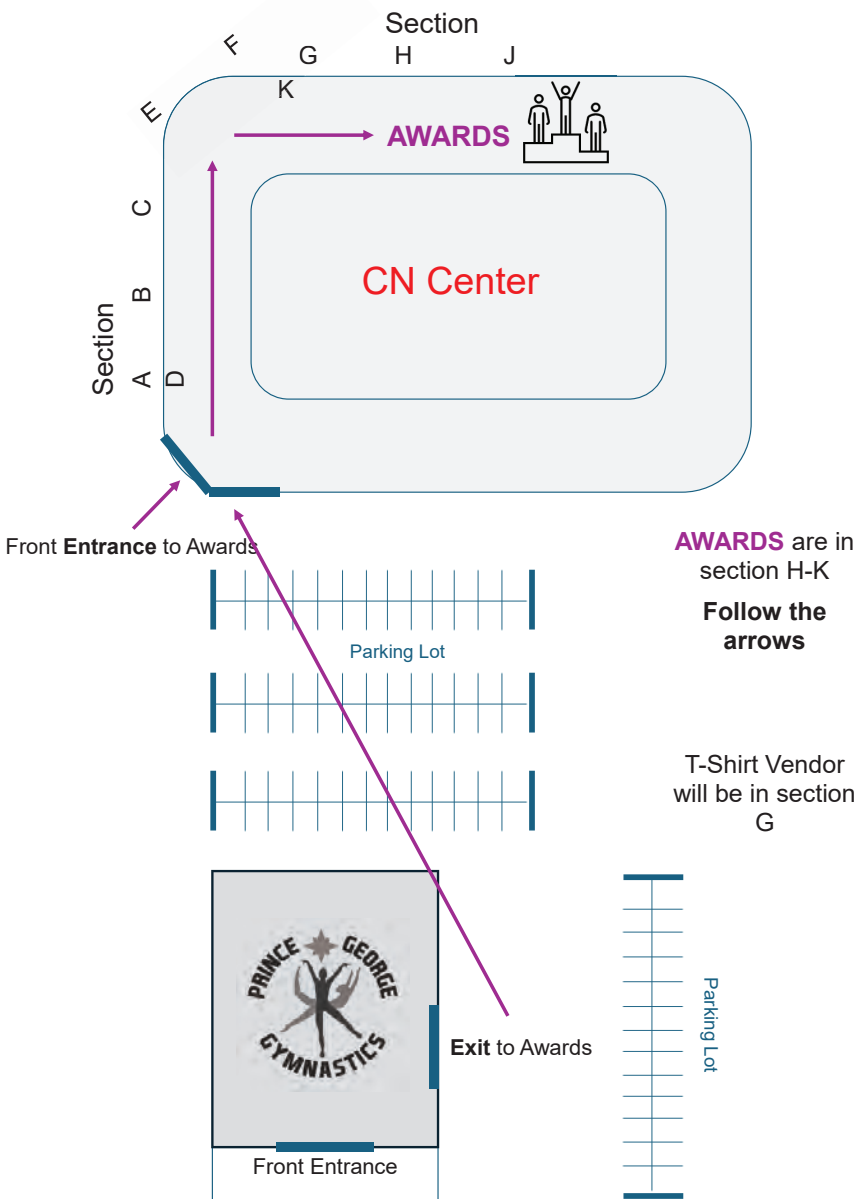
11:00 a.m.–11:30 a.m.	Warm-up and March In
11:30 a.m.–1:30 p.m.	Excel Silver (18): 2015-2017 Excel Gold (23): 2013-2015
1:30 p.m.–2:00 p.m.	Awards (separate building)

Session 7

2:00 p.m.–2:30 p.m.	Warm-up and March In
2:30 p.m.–4:30 p.m.	Excel Gold (39): 2008-2012 Excel Platinum (9)
3:30 p.m.–5:00 p.m.	Awards (separate building)



Awards Location



Judges

PG Invitational

Maizie Bernard, Cyndi Fairbrother, Carol Garcia,
Marissa Hawkes, Taryn Henrikson, Colleen Kaminski,
Jade Kotzer, Lisa Laundry, Jenn Watt, Peggy Wilcox,
Alia Wilson, Chantelle Yates



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Clubs and Coaches

Cariboo Chilcotin	Annie Glanville, Xaria Jourdain, Peggy Willcox
Milezero Academy	Ashlyn Buchan, Brittany Cline
North Peace	Jason Wilson, Chantelle Yates
Prince George	Maizie Bernard, Madison Boomhower, Carol Garcia, Rita Hacker, Marissa McCarville, Kaity Muir, Becky Parlee, Jenn Watt, Kaylee Watt, Alia Wilson
Ouesnel Technics	Hannah Brown, Taylor O'Flynn
Smithers	Lori Saffel, Krista Wank
Terrace	Keira Almas, Irma Schooner, Jazmin Wojnarowski

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Canadian Competitive Program (CCP)

Gymnastics BC adopted the USAG Development Program (formerly known as the JO program) in 2014, Gymnastics Canada adopted the USAG Development Program created in the USA for use in the Provinces and Territories in July 2015. The USAG Development Program was created with the belief that all athletes, regardless of their potential, must have a solid foundation of basic skills in order to advance safely. The program allows the gymnasts to advance at their own pace, competing in more than one level in a year, if they so choose. The USAG Development Program is called Canadian Competitive Program (CCP) in Canada. In 2020, BC partially adopted the USAG Xcel program to bridge the gap between the BC Interclub and BC CCP Programs.

The CCP program is divided in three major segments:

Learn the basics: Levels 1 to 3

These are compulsory routines with set choreography and music. They allow gymnasts to develop good and strong basics and can be used as a club non-competitive and achievement-oriented program or as an introduction to competition.

Compulsories: Levels 4 and 5

These continue to use compulsory routines and choreography. Both of these levels are progressive in nature, building upon the skills required at the previous level.

Optional: Levels 6 to 10

These are competitive programs using optional routines. These levels have difficulty restrictions. Composition, including artistry is evaluated in Levels 8 and 9.

Women's Artistic Gymnastics (WAG) Events

Vault: The vault should have both height and distance, as well as good form from the springboard through to the landing. Competitors vault twice and the best score is counted.

Uneven Bars: The routine should be continuous, with movements flowing one into another. Swinging movements, in sequence, take the gymnast under and over the bars in both directions. Positions of support, standing or sitting should be momentary. A fall is an automatic deduction of 0.80 points, with 30 seconds to remount.

Balance Beam: The 16 ft long, 4" wide balance beam requires great concentration and discipline from the athlete. The composition of the routine should include combinations of turns, jumps, steps and leaps, tumbling, and dance. One element close to the beam is required. The routine must be between 70 and 90 seconds. A fall is an automatic 0.50 points, with 30 seconds to remount.

Floor Exercise: Dance and tumbling ability, combined with the creativity and personality of the athlete, make floor one of the most popular of the gymnastics events. Performed to music, the routine must use the entire 40ft x 40ft floor area in the 70 – 90 second time limit.

WAG

CCP Level 1

Cariboo Chilcotin

50	Alia	Foote
53	Karli	Neuhoff
51	Avonlea	Tingstad
52	Brooke	Williams

Milezero

57	Madison	Currie
54	Amy	Desmarais
55	Avery	Maclsaac
56	Eloise	Widdicombe
58	Soryn	Wiebe

WAG

CCP Level 2

Cariboo Chilcotin

60	Emberly	LaMarche
61	Hattie	Reid
62	Mila	Zurak

Quesnel Technics

69	Garcia	Bailey
70	Isla	O'Hanley
68	Anna	Pizzey
72	Olive	Plunkett
71	Nora	Tobin

Milezero

67	Taylor	Bartel
65	Emersyn	Currie
64	Cloe	Johnstone
63	Alivia	Neumann
66	Korbyn	Pepler

Smithers Saltos

74	Braylan	Bayes
76	Quinn	Bennett
75	Dawsyn	Cloutier
73	Blaire	Larson



WAG

CCP Level 3

Cariboo Chilcotin

82	Harper	Barclay
83	Scarlett	Button
80	Aria	Feddema
81	Gabriella	Fichtner

Prince George

97	Israel	Berry
95	Bo	Buskermolen
96	Everly	Ewing
94	Ava	Goeson
93	Aubree	Marsolais
92	Aria	Roberge
98	Layla	Wall
91	Anika	Warkentin
99	Piper	Warn

Milezero

84	Everlee	Funk
87	Juno	Moxon
88	Olive	Ness
90	Piper	Ness
86	Jordyn	Raaen
85	lyla	Teeter
89	Olivia	Thede

Quesnel Technics

317	Jovi	Backer
304	Kinsley	Grant
300	Rhya	Jameson
306	Emma	Schile
306	Emma	Schile



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WAG

CCP Level 4

Milezero

10 Emily Thede

Quesnel Technics

18 Rhya Jameson

17 Emma Schile

Prince George

15 Melanie Brand

13 Chloe Fuchs

16 Stella McCall

14 Kaitlin Schwab

12 Brynlee Spencer

11 Brielle Van Den Berg

WAG

CCP Level 6

Cariboo Chilcotin

302 Tenley Glanville

301 Lauren Pinette

300 Brooke Williston

Quesnel Technics

309 Isabella Murray

311 Xaidie Novak

308 Eden Pelletier

Prince George

304 Emma Baldinger

305 Kinley King

307 Whitney Nagasaka

303 Aleka Pettigrew

306 Nevaeh Ruffell Giles

NM Bookkeeping

WAG

CCP Level 7

Milezero

400 Sawyer Raaen

Quesnel Technics

405 Mia Lacy

404 Addison Strang

Prince George

402 Hannah Baldinger

401 Bennett Buskermolen

403 Olivia Guerin



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WAG

CCP Level 8

Milezero

Prince George

500	Aylah	Clavier
501	Bryn	Willms

502	Katana	Kenway
504	Brianna	Perry
503	Sophia	Schwab

WAG

CCP Level 9

Prince George

600	Marissa	Hawkes
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Men's Artistic Gymnastics (MAG) Program

Gymnastics BC (GBC) offers competitive programs for men's artistic gymnastics from grassroots to high performance. In the following chart, ages have been indicated so that the table does not have to be redone every year.

Level	PROVINCIAL					NATIONAL		
	1	2	3	4	5	Open	Elite	
Program	Compulsory Program		Optional Program			Optional Program	Compulsory (Elite 3+4) and Optional (Elite 4, Junior + Senior) Program	
Age Group	Open to all ages (in BC the minimum age is 7)		13 +	13 +		15 +	Senior - 21 + Next Gen Senior 18 - 20	
					13 - 17		Junior	16 - 18 14 - 15
		10 - 12					Elite 4	12 - 14
		Under 10 (in BC the minimum age is 8)	Under 13	Under 13			Elite 3	10 - 12

All athletes' ages are based on the year of competition and their birth year (i.e.: In 2021 an athlete born in 2011 is considered 10 all year because they turn 10 in 2021). See each separate program's age category chart. GBC may merge categories if the number of registered participants is insufficient.

Men's Artistic Gymnastics (MAG) Events

Floor Exercise: The floor exercise includes a variety of tumbling, turns, acrobatics, balances, and momentary pauses. The sequences should be original and reveal the strength, agility, control and personality of the athlete, all with correct form and execution. Unlike the women, the men's floor exercise is not performed to music.

Pommel Horse: Swings, scissors, circles, and flairs, both forward and backward compose a routine on the pommel horse. The routine should be continuous and use all three sections of the horse, both on and off the pommels. Lower levels are allowed the use of the mushroom in their routines.

Still Rings: A routine on the rings will vary between strength elements, hold parts, and swinging movements, all without swinging the rings. A high, clean, controlled dismount finishes the routine.

Vault: The men's vault is judged on form, execution, height, distance, and control, all based on the difficulty of the vault performed. The men perform only one vault.

Parallel Bars: The routine consists of swinging, flight and strength elements. Form and execution must be maintained throughout while displaying strength and control.

Horizontal (High) Bar: Swings, circles, "in bar" elements, release moves, and a high-flying dismount make up a spectacular performance. As in every event, control of form and execution are a must.

MAG

Level 1

Prince George

Prince George

3000	Bodhi	Jewett-White
3001	Colton	McLachlan
3002	Gabriel	O'Brien

3003	Matthew	Schwab
3004	Steven	Skinner

MAG

Level 3

Prince George

3050	Nolan	Hawkes
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MAG

Level 5

Prince George

3060	Owen	Schwab
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MAG: National Open

Prince George

7074	Therin	Morgan
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Interclub

Interclub is for athletes at an advanced recreational level who are wanting to experience the benefits that come along with being a competitive gymnast. Athletes may perform on any gymnastics apparatus: traditional men's (MAG) and women's (WAG) artistic gymnastics apparatus, as well as trampoline, double mini-trampoline or tumbling (TG) for both men and women.

There are three categories:

Performance: Athletes (MAG & WAG) will receive a certificate listing the apparatus they performed and positive comments from each adjudicator. They will also receive a participation ribbon or medal.

Performance Plus (MAG, WAG, TG) and Performance Challenge (WAG): Athletes will receive a certificate indicating their scores (instead of comments) and the appropriate ribbons for each apparatus (gold, silver, bronze). Each participant will also receive a participation ribbon or medal.

WAG: Performance

North Peace

2000	Hunter Rose	Antoniak
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WAG: Performance Plus

North Peace

2009	Maya	Aghdasi
2011	Paisley	Cunningham
2002	Aubrey	Fell
2008	Mackenzie	Fell
2010	Oakleigh	Fraser
2003	Charlotte	Gilberg
2004	Emily	Lockhart
2006	Jordyn	Peterson
2005	Everly	Stark

North Peace

2001	Abigail	Unruh
2007	Leni	Winn

Quesnel Technics

1004	Emma	Charbonneau
1000	Auria	Peters
1014	Anna-Lynn	Thompson

MAG: Performance Plus

Prince George

3071	Sean	Strachan
3070	Levi	Vaillancourt

WAG: Xcel

Bronze

Cariboo Chilcotin

Milezero

700	Charlotte	Clay
702	Morgyn	Sache
701	Elsie	Scott

704	Raya	Mullin
703	Jenna	Stevens

Continued on next page

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WAG: Xcel

cont'd Bronze

North Peace

707	Ariana	Braun
713	Kristina	Brigden
714	Lennon	Clements
718	Paaton	Cooper
712	Emma-Sue	Drschiwiski
715	Londyn	Faulkner
709	Braelyn	Feenstra
710	Charlie	Fraser
716	Maele	Lagace
717	Olivia	Lingel
708	Ashlyn	MacGillivray
706	Alexis	Moore
711	Elayna	Palmer
705	Adria	Shields
719	Vivianna	Taylor

Prince George

723	Hailey	Dyck
722	Cora	Kenway
721	Brynlee	Marsolais
724	Isla	Stairs
720	Blaire	Swanson
725	Scarlett	Verticchio

Smithers Saltos

726	Maicy	Kilpatrick
727	Rylee	Meier

Terrace Peaks

729	Charlotte	Alton
735	Riley	Conlon

Continued on next page



Terrace Peaks

728	Bellamie	Davidson-Kotowich
730	Chloe	King
736	Rylee	Nafostowicz
733	Michelle	Pare

Terrace Peaks

734	Paizley	Ritter
732	Kalli	Weston
731	Harper	Wittkowski



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Cariboo Chilcotin

902	Ava	Bremner
900	Aleigha	Leclerc
903	Sophia	Leclerc
901	Ava	Meyers

Milezero

905	Eva	Govenlock
906	Harper	Hingley
904	Emily	Holmes

North Peace

912	Courtney	Andres
916	Presley	Antoniak
909	Alexis	Cavers
914	Hadley	Collington

North Peace

907	Addison	Huth
910	Brielle	MacDougall
915	Lexi	MacDougall
908	Adrianna	McKenzie
917	Savannah	McLain
911	Charlie	Orcutt
913	Elliotte	Orcutt
959	Nora	Ostero

Prince George

920	Amelia	Amos
926	Jensen	Barclay
924	Emersynn	Barnard
933	Matilda	Bouillon
3541	Alyson	Boyes

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Continued on next page

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TO BOOK!

WAG: Xcel

cont'd Silver

Prince George

934	Sydney	Hamel
922	Aurora	Knudsen
921	Aubree	Leischner
929	Kayliana	Marcotte
932	Makayla	Meyer
931	Madeline	Milne
923	Cayla	Nolli
930	Livia	Pahal
925	Emily	Quinn
918	Ahveen	Sani
935	Zoey	Taylor
928	Katie	Therrien
927	Kate	Thorne

Smithers Saltos

950	Skyla	Braaksma
948	Noa	Clarke
946	Julianna	Creyke
949	Rylee	Hick
947	Kata	Kiss
943	Emily	Meima
942	Blake	Pederson
944	Fiona	Simpson
945	Hailey	Steeves

Quesnel Technics

938	Emily	Davis
937	Avery	Diggins
939	Henley	Fedirko
940	Juliet	Howe
936	Alexis	Smith
941	Kenzie	Wheeler

Terrace Peaks

958	Sienna	Chapman
957	Olivia	Cookman
952	Asmita	Kumar
954	Isla	McCleary
955	Jordan	Merritt
953	Bently	Walsh
951	Abrielle	Weston



WAG: Xcel

Gold

Cariboo Chilcotin

803	Charli	Fofonoff
807	Mya	Franklin
800	Abigail	Gordon
804	Emilia	Hannas
805	Kamrynne	McLennan
802	Ariah	Reid
808	Presleigh	Schwartz
806	Makita	Villeneuve

Milezero

810	Sierra	Bassett
809	Blake	Clavier

North Peace

817	Morgan	Andres
812	Brooklyn	Antoniak-Boehm
814	Kadence	Franklin
813	Brooklynn	Fraser
816	Kendal	Huth
861	Sophia	MacDougall
815	Katya	Neufeld
811	Bristol	Patterson
818	Olive	Shishido

Prince George

820	Abigail	Elias
831	Leighton	Goldie
823	Cali	Higgs
826	Ellie	Livingstone
829	Kacie	Matijevic
828	Jordyn	McLachlan
830	Kristen	McLachlan
835	Taryn	McLachlan
833	Piper	Moore
824	Chloe	Nolli
827	Grace	Pateman
821	Brynn	Selesnic
832	Meera	Singh
825	Claira	Stevens
834	Shaelyn	Thorne
822	Caitlin	Wardle

Quesnel Technics

840	Justine	Biller
844	Mackenzie	Delaney
843	Lily	Doyle
842	Kinsley	Grant
845	Millicent	Jawanda

Continued on next page



WAG: Xcel

cont'd Gold

Quesnel Technics

862	Andie	Kishkan
837	Ava	Petersen
846	Payton	Premischook
839	Hailey	Pucek
841	Katelynne	Singer
847	Sarah	Singer
838	Gemma	Swanson

Smithers Saltos

850	Charli	Hick
851	Jordan	Lo
853	Keely	Matthews
852	Kayleigh	Polanin
849	Cathy	Sommerfeld
855	Marlowe	Stewart
857	Stephanie	Wright

Smithers Saltos

848	Bronwyn	Cullen
854	Maren	Eller
856	Olivia	Eller

Terrace Peaks

860	Rachel	Pare
859	Lauren	Sam-Conlon

WAG: Xcel

Platinum

Cariboo Chilcotin

1000	Xaria	Jourdain
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Prince George

1002	Addison	Jurista
1006	Talya	Rouleau

Milezero

1001	Delainey	Kassen
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Quesnel Technics

1009	Paige	Grant
1008	Makenzie	Stanick
1007	Eden	Ziemer

Prince George

1003	Heidi	Bernard
1004	Madelyn	Collins
1005	Summer	Haugan

WAG: Xcel

Diamond

Prince George

1050	Kairi	Reiffarth
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Quesnel Technics

1051	Kassia	Kitamura
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WAG: Adult

Prince George			Prince George		
5002	Danielle	Bobbie	5006	Kaylie	Owston
22614	Alexis	Cloet	5003	Hanna	Piddocke
5000	Alencia	Graham	5008	Sydney	Veer
5007	Kristen	Hasselbach	5005	Kaylee	Watt
5004	Kaity	Muir	5001	Alia	Wilson

2026 Organizing Committee

- Meet director: Alexis Ruffell-Brewer
- Technical director: Jodie Hinks
- Scoring & awards: Alexis Ruffell-Brewer / Megan Guerin
- Volunteer coordinator: Pamela Skinner
- Hospitality: Catherine Prescolla
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- Silent auction: Kerri Nolli / Nicole Haugan
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Thank-you

Thank-you to everyone who contributed to the silent-auction.