

Badge 3  
Tan



**Forward 2 foot landing (waist height)**

Mastered	Learning	Attempted
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**Backward 2 foot landing (hip height)**

Mastered	Learning	Attempted
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**Cast, push away from bar to land on feet**

Mastered	Learning	Attempted
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**In front support, trace a 1/2 circle (180°) with hands**

Mastered	Learning	Attempted
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**Locomotions in supports**

Mastered	Learning	Attempted
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**Forward roll from knee height apparatus**

Mastered	Learning	Attempted
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**Tripod balance roll out (tucked position)**

Mastered	Learning	Attempted
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**Elevated support facing wall (3 sec), forward roll**

Mastered	Learning	Attempted
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**Backward roll down incline**

Mastered	Learning	Attempted
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**Skin the cat to feet**

Mastered	Learning	Attempted
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**Hollow body log roll**

Mastered	Learning	Attempted
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**Run, jump onto knee height apparatus (with beat board, no hands)**

Mastered	Learning	Attempted
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**Run, jump onto waist height apparatus (with beat board, with hands)**

Mastered	Learning	Attempted
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**2 foot springs over, up and off objects**

Mastered	Learning	Attempted
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**Front to stride to back support**

Mastered	Learning	Attempted
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**Straight body inverted hang**

Mastered	Learning	Attempted
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**Tucked L-hang**

**Cross support**

**3 pendular swings**

**3 glide swing progressions**