½ ON with beat board and mini tramp		
Mastered	Learning	Attempted

Round-off entry onto beat board with rebound		
Mastered	Learning	Attempted

Cast to 45° above horizontal		
Mastered	Learning	Attempted

Cast – push away to glide swing		
Mastered	Learning	Attempted

Tuck or pike on – jump to catch high bar		
Mastered	Learning	Attempted

Long hang swing to 45° with 1/2 turn		
Mastered	Learning	Attempted

5 sole hang swings to 45° or greater		
Mastered	Learning	Attempted

Handstand mount on low beam		
Mastered	Learning	Attempted

Forward or backward walkover (on line)		
Mastered	Learning	Attempted

Forward salto dismount - assisted		
Mastered	Learning	Attempted

One element from CANGYM Group B - Dance		
Mastered	Learning	Attempted

Handstand 1/2 turn		
Mastered	Learning	Attempted

Forward or backward walkover		
Mastered	Learning	Attempted

Forward handspring (1 or 2 foot landing)		
Mastered	Learning	Attempted

Backward handspring		
Mastered	Learning	Attempted

Forward salto		
Mastered	Learning	Attempted

Battement to hip height (1/2-pointe) on beam		
Mastered	Learning	Attempted

Battement to waist height (flat foot) on floor		
Mastered	Learning	Attempted

1–1/2 turn on floor		
Mastered	Learning	Attempted

Forward body wave on beam		
Mastered	Learning	Attempted