

Badge 12: Women
Gold



Tsukahara preparation onto vault height stacked mats

Mastered	Learning	Attempted
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Yurchenko preparation onto vault height stacked mats

Mastered	Learning	Attempted
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Handspring 1/1

Mastered	Learning	Attempted
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Cast to handstand (straddled)

Mastered	Learning	Attempted
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Uprise

Mastered	Learning	Attempted
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Straddle back or shoot 1/2 – assisted

Mastered	Learning	Attempted
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Giant on single bar in straps – assisted

Mastered	Learning	Attempted
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Flyaway dismount – assisted

Mastered	Learning	Attempted
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Forward or backward handspring

Mastered	Learning	Attempted
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Round-off or cartwheel with flight

Mastered	Learning	Attempted
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A CANGYM Acro A or B element to backward salto dismount

Mastered	Learning	Attempted
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Forward handspring to forward salto

Mastered	Learning	Attempted
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Combination line of choice without salto

Mastered	Learning	Attempted
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Combination line of choice with forward salto

Mastered	Learning	Attempted
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Round-off, backward handspring, back salto

Mastered	Learning	Attempted
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Round-off whip or layout

Mastered	Learning	Attempted
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Series of 3 leaps from CANGYM Dance A & B list

Mastered	Learning	Attempted
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Series with 1 turning leap (minimum 360°)

Mastered	Learning	Attempted
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CANGYM Dance/Acro series with flight on floor

Mastered	Learning	Attempted
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Scale of choice

Mastered	Learning	Attempted
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