

FREQUENTLY ASKED QUESTIONS:

- 1. When will training hours be increased?** We will continue in Phase 1 training until we are comfortable to add more athletes, and feel the athletes are ready for longer training sessions.
- 2. When will recreation programs be open for registration?** In Phase 1 we will be starting with some of our more experienced programs/athletes (competitive and inter-club). Phase 2 we will add in the remainder of the athletes from these programs, then we will move on to our older Level 3+ recreational athletes, and continue to add as we can from there.
- 3. Will there be competitions in the 2020-2021 season?** At this time, it is still very unknown with regard to competitions moving forward in 2021, although competitions are being sanctioned in the hopes we can proceed.
- 4. Will I be refunded, or credited, for any days my child is not screened as able to train?** Yes.
- 5. How is my child's health and safety being assured while training at the club?** We have taken every step to ensure a safe, clean environment for our staff, and members. Screening is mandatory, sanitizing stations throughout the facility, regular cleaning throughout the day, distancing markers throughout facility, capacity limits are posted as well for each area.
- 6. What can my child expect to experience during training sessions?** At the beginning the main focus will be on physical conditioning, and basics, as spotting is prohibited. As the athletes have been out of the gym for a number of months, will have grown, and be out of their regular physical condition, we will be proceeding very gradually.
Each apparatus has been set into 7 stations with distancing between each station. Each athlete will remain on the same station longer than normal to avoid multiple people on the same equipment. At the station change the athletes will sanitize their hands before proceeding, at the rotation change all equipment will be wiped down for the following group.
- 7. What if I am not yet comfortable with my child going back to the gym at this time? Will they lose their spot? (This is specific to our competitive and inter-club programs, recreational will register as normal when we resume with those programs)** If after reviewing our Return to Play plan, you are still not comfortable to return, your child will not lose their spot. We are offering an orientation to the parents of the gym set up, which may help to ease these feelings. Please do not hesitate to contact Jodie at jlhinks@telus.net if you would like to schedule an orientation.
- 8. Can my child supply their own hand sanitizer?** Yes, we have provided a supply list to our competitive, and inter-club programs within which included hand sanitizer. Once recreational resumes they are welcome to bring their own.
- 9. If my child feels unwell at the gym how will I be contacted?** All staff will have contact information for the athletes in the group they are coaching. It is mandatory that the parents provide any updated information to the coach prior to the class start, via text or e-mail.

Should your child feel unwell, or be showing any signs, they will immediately be asked to put on a mask, and be escorted to the quarantine area awaiting pick up. We have assigned the locker rooms as the quarantine area, as they are not being used at this time.
- 10. Can I come watch my child?** Unfortunately no, only the athletes, and staff will be allowed access to the facility at all times. We will revisit this once we are ready to start adding our younger recreational programs.
- 11. Will my child be required to wear a mask?** No, as you will see in the Gymnastics BC Return to Play document the athletes cannot wear a mask while training for safety reasons. They can certainly wear a mask while in the common areas, lobby, bathroom etc. Please talk to your child, and advise the coach via text or e-mail, if you would like your child to exercise this practice, and ensure they bring a mask. They will also be required to wear a mask when physical distancing is not possible. We will have masks available in our sanitizing stations, but would like the athletes to have their own whenever possible.
- 12. With spotting prohibited, how will my child's safety be monitored doing skills?** Until the spotting guidelines change, the athletes will only be working back towards the skills they can do on their own safely. When they are back in shape, and ready for new skill development, they will perform numerous drills, which in the end will greatly benefit the ease of learning the new skill, as well as perfecting technique.
- 13. Can my child be dropped off/picked up by another family member, friend, or with another athlete?** Yes. They will however be escorted in one at a time, and will exit one at a time.

14. **If I am unavoidably detained from picking my child up on time, is there a provision for them to have somewhere to wait?** We will ensure your child is in a safe spot to wait for you, but we STRONGLY encourage prompt drop off, and pick ups.
15. **My child has a cough/sneezing from allergies or asthma, can they still come in the facility?** A doctors note will be required prior to entry. We ask that these notes are provided, by e-mail, to pggymnastics@telus.net a minimum of 24 hours prior to entry.
16. **Can my child fill their water bottle at the gym?** No, the water fountain, and water cooler have been closed. Please ensure they come with a full labeled water bottle.
17. **How does all this affect my volunteer hours/fundraising dollars? (competitive and inter-club only)** As soon as your child returns to the gym the office will recalculate your volunteer hours, and fundraising dollars to reflect the time we were closed. We will send that to you as soon as completed.
18. **How will our monthly fees be adjusted for the altered hours?** We will resume with our regular schedule of charging cards on the first Friday of every month, please ensure we have updated information on file. You will only be charged the reduced hours your child will be training during this time. Competition fees will not be charged for the remainder of the season. We will be using any competition credits from this year towards upcoming fees.