



# Prince George Gymnastics Club News

APRIL 2026



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## Office Hours

Please visit website

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## Dates to Remember:

### CLOSED:

May 16-18 – Victoria Day

June 1-7 – Last Week of Classes

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## Fun Fact:

Gymnastics is one of the oldest sports in the world, dating back to ancient Greece!

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## General Information

**Mailing Address:** Unit 120 – 4175 18<sup>th</sup> Ave V2N 0G7

**Office Phone:** 250-564-7343

**Coaches Phone:** 250-564-7383

**E-Mail:** [pggymnastics@telus.net](mailto:pggymnastics@telus.net)

**Website:** [www.pggymnastics.ca](http://www.pggymnastics.ca)

**Facebook Page:**

[www.facebook.com/pggymnastics](https://www.facebook.com/pggymnastics)

**Instagram:** @pggymnastics1

## WESTERN CANADA CUP 2026 – May 8–10 | Kin 1, Prince George:

Get ready for an incredible weekend of high-flying action at the Western Canada Cup 2026! Join us May 8–10 at Kin 1 to experience an exciting trampoline competition featuring top athletes from across Western Canada, alongside our very own local talent.

You'll be amazed by the skill, strength, and artistry on display—this is a competition you won't want to miss. Come out, show your support, and cheer on Prince George's athletes as they take to the air!

We're also looking for enthusiastic volunteers to help make this event a success. If you're interested in getting involved, or have some volunteer hours to get finished up, please sign up using the Plan Hero link below. Be sure to review the volunteer role descriptions so you can find the best fit for you. They can be found under Event Description on the Plan Hero Link

[PLAN HERO LINK](#)

**Come be part of an unforgettable event—we hope to see you there!**

## SCHOLARSHIP GRANT INFO:

Are you a Grade 12 student planning to attend a full-time accredited college or university this fall? The Prince George Gymnastics Club's Athlete and Coach Excellence Fund (ACEF) is offering a \$500 scholarship to eligible applicants.

Eligibility Criteria:

Applicants must:

- Be in Grade 12 and entering post-secondary education full-time in the fall
- Be in good standing with the Prince George Gymnastics Club
- Have a minimum 75% average in Grade 12
- Have participated as a recreational or competitive gymnast with PGGC for at least three years

*Preference will be given to applicants who are active PGGC members during the application year.*

Application Details:

- Application period: May 1 – July 15
- Submit:
  - Completed scholarship application form
  - Official high school transcript
  - One-page typed letter outlining school and/or community involvement

The successful applicant will be notified by September 1, with payment issued upon proof of post-secondary registration.

Applications and supporting documents should be submitted to the General Manager/Head Coach/ACEF Committee at the Prince George Gymnastics Club.

[Application Form](#)



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## REMOVE SHOES

For the safety and cleanliness of our gym, please keep shoes on the red carpets only. Do not step off the carpets with shoes, as this tracks dirt and debris into the athletes' training area. Thank you for helping us keep the space clean and safe!

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## Prince George Gymnastics Board of Directors 2024-2025

**President:** Lauren  
**Vice-President:** Lindsay  
**Treasurer:** Laura  
**Secretary:** Jas  
**Fundraiser Coordinator:** Manvee  
**Coach/Parent Liaison:** Erin  
**PG Meet Coordinator:** Alexis  
**Director at Large:** Vicki Lynn  
**Director at Large:** Katherine

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## Do You Have a Concern About Your Child's Gym Class?

Contact Child's coach  
.... If not resolved



Contact Program Coordinator  
.... If not resolved



Contact Head Coach  
.... If not resolved



Contact Coach/Parent Liaison

## LEVEL 2 DROP IN OPPORTUNITY:

Would your child like a little extra time to work on their LEVEL 2 SKILLS? If yes, we have set up the following dates and times as a drop in opportunity for your child.

THURSDAYS 4:30PM – 6PM; AGES 9+

FRIDAYS 5:30PM – 7PM; AGES 6-8

SUNDAYS 10:15AM – 11:45AM; AGES 9+

**HOW TO REGISTER:** You will proceed as you normally would for registration, you will just SELECT DROP IN after selecting the class. You can sign up for one, or multiple drop ins, all the available dates will be listed.

## PARTY IN STYLE FUNDRAISER

Celebrate Mother's Day. Enjoy a beautiful charcuterie board filled with gourmet bites—all while supporting a great cause! Orders due April 14, 2026.

[MENU](#)

[ORDER FORM](#)

## TEAM BC BOUND

Congratulations to Katana and Owen on qualifying for the Western Canadian Championships in Whitehorse, Yukon (April 23–26, 2026)!

We also celebrate Coach Jenn, selected as Women's Artistic Assistant Coach. All three will proudly represent Team BC—best of luck!

